

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, November 18, 2011

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

1. CALL TO ORDER

- Commissioner Hobbs called the meeting to order at 9:33 am.

2. ROLL CALL

Present: Commissioners Berndt, Chugh, Churchill, Creveling, Hobbs, Helton, Kimberlin, TenEyck, Thomas, Turner, & Vaidya

Absent: Commissioner Mirchandani

Excused: Commissioner Bischofberger

3. SALUTE TO THE FLAG

- The salute to the flag was led by Commissioner Kimberlin

4. APPROVAL OF MINUTES of the Regular Meeting of October 21, 2011

- Commissioner Thomas moved that the minutes from the October 21, 2011 meeting be accepted as presented. Commissioner Creveling seconded the motion.

M/S/P

5. ORAL COMMUNICATIONS

None

6. WRITTEN COMMUNICATIONS

None

7. OLD BUSINESS

None

8. NEW BUSINESS

8.1 Adopt a Family/Senior – Monica Domingues, Support Specialist, Human Services Department

- Monica shared the background of the Adopt a Family/Senior Program. She shared with the Commission that financial donations went from an average \$1,000/year to \$30,000 last year due in part to a strong involvement of the Niles neighborhood group.
- Monica gave examples of some of the families/seniors that have benefited from this program over the years and how it impacts their lives. She expressed that some of the financial donation is put aside each year so they have money to help people throughout the year if they are in an urgent situation and need assistance.
- A number of Commissioners donated to the program prior to Monica leaving.

8.2 Elder Safe “Neighbors Knowing Neighbors” – Asha Chandra, Senior Program Manager, Human Services Department

- Asha shared the background on the “Neighbors Knowing Neighbors” program and where in the community they have done reach-out events.
- Asha showed the “new” condensed version of the Elder Safe DVD that was originally created 6 years ago. The original DVD was 17 minutes long. The new, condensed version is 6 minutes long. The video can be accessed by going to tceonline.org.
- Asha also shared about the upcoming Resource Fair that is being held at the library on Friday, December 2, 9:30 am to 11:30 am. The Commission was invited to attend this event.

Handouts:

Communications Strategy – May 2011

Community Resources Fair

8.3 Commissioner Term Expiration – Karen Grimsich, Aging & Family Services Administrator

- Karen shared about terms that are expiring on December 31, 2011 and what the Commissioners need to do to request reappointment.

9. COMMISSION REPORTS

9.1 Marketing/Outreach – Commissioner Vaiyda

- Commissioner Vaiyda shared that she will be doing a presentation at the Gudwara in Fremont on November 4.
- Commissioner Vaiyda also shared that she has visited numerous businesses in the Ardenwood area that have agreed to put the Senior HelpLine number on their window. These same businesses also agreed to be aware of seniors they see that might need help and either contact the help line themselves or share the number with the seniors.

9.2 Health Issues/Senior Safety/Prescription Drug Comparison Commissioner Churchill

- No report this month

9.3 Senior Legislation - Commissioner Thomas

- Commissioner Thomas shared updated news on senior legislation that is happening in the State of California.

9.4 Tri-City Elder Coalition – Commissioner TenEyck

- Commissioner TenEyck reported that TCEC had a very successful Seniors Night Out. We had around 300 participants and raised close to \$30,000 again this year. Thank you to everyone for their support.
- Commissioner TenEyck also shared that every other month there are networking meetings and that the commissioners are always invited to attend. This month's meeting covered the subject of Veteran's Benefits.
- Karen also shared that TCEC also sponsors training for residential care facilities. They had a training this past Tuesday (40 attended) around

mental health issues so that the providers are more comfortable dealing with seniors with this issue and that they would know where to go for help.

10. COMMISSION REFERRALS

None

11. STAFF REPORTS

11.1 Aging & Family Services Report – Karen Grimsich, Aging And Family Services Administrator

- Karen shared that she had been to the Area Agency on Aging State Conference in Los Angeles. She shared that some of the hot items discussed were Chronic Disease Self-Management, Medicare changes, and Transitional Care Programs for people leaving the hospital.

11.2 Senior Center Manager Report – Linda Olla, Senior Center Mgr No report due to Linda's absence.

12.COMMISSION COMMENTS

- Marlene shared that the Tai Chi for Arthritis class has a participant that participants in a wheelchair and has stated

Adjournment

There being no further business, the meeting was adjourned at 11:17 am.